INNOVATIVE HIV SERVICE FOR RE-ENTRY POPULATION
2015 ILLINOIS MINORITY HEALTH CONFERENCE
HILTON LISLE/NAPERVILLE, IL.
MARCH 24-25, 2015
Rev. Doris Green, Founder/CEO of Men & Women In Prison Ministries
Michael Gaines, Correction Coordinator for Illinois Department of Public Health
Brian Drummond, Corrections/Medical Case Manager Supervisor Austin CBC Initiative

CHALLENGES AND BENEFITS OF WORKING WITH RE-ENTRY WOMEN
2015 ILLINOIS MINORITY HEALTH CONFERENCE
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MEN & WOMEN IN PRISON MINISTRIES
MWIPM is a non-denominational volunteer prison ministry, founded in 1982, that works in collaboration with state and city agencies to provide pastoral care and social support services for incarcerated or re-entry populations and their families and partners.
RE-ENTRY CHALLENGES

 Most people who are incarcerated are eventually released back into the community.

 During the first week after release, more sexual behavior happens within the first 24 hours than on any other day.

(www.effectiveinterventions.org).

RE-ENTRY CHALLENGES CONT.'S

 People with less stability are engaging in risky behaviors, report more sexual partners, and a higher rate of re-incarceration.

 Inadequate housing
 Unemployment or under employment
 Lack of friends, family, or support systems

(www.effectiveinterventions.org).

"RE-ENTRY WITHOUT OBTAINING EMPLOYMENT, EDUCATION, OR INCOME LEADS TO FAILURE."

Geneva Brown - 2010
Associate Professor Valparaiso University – School of Law
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THERE IS A NEED FOR HIV, SEXUALLY TRANSMITTED INFECTION AND HEPATITIS PREVENTION PROGRAMS FOR INCARCERATED INDIVIDUALS GETTING READY FOR RELEASE.

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WHERE DOES ONE GO FROM HERE? HOW CAN YOU, YOUR ORGANIZATION OR COMMUNITY MAKE A DIFFERENCE?

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HIGH IMPACT HIV/STI PROJECTS

LOW COST
- PEN PAL
- VISITATIONS (JAIL & PRISON)
- SPIRITUAL COUNSELING
- FAMILY REUNIFICATION
- TOYS FOR TOTS

MODERATE COST
- BREAKING THE CHAINS
- NEWSLETTER
- COMMUNITY NEEDS ASSESSMENT
- GED PROGRAM/JOB READINESS SUPPORT
HIGH IMPACT HIV/STI PROJECTS CONT.’S

- RESPONSIBILITY PACKETS
- ILLINOIS COMMUNITY SUPPORTIVE SERVICES and REFERRAL DIRECTORY
- COMMUNITY PARTICIPATORY RESEARCH INTERNAL REVIEW BOARD
- ANNUAL PEOPLE’S GALA

HIGH COST

- CDC - EFFECTIVE BEHAVIORAL INTERVENTIONS (EBI)
- EBI REINVENTION – SISTA & PROJECT START
  (Fox Valley Adult Transitional Center)

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"I RISE PROGRAM”
REINVENTION OF SISTA AND PROJECT START
FUNDED BY: IDPH – AFRICAN AMERICAN AIDS RESPONSE ACT (2012-2013)

- About 2/3 reported currently being in a relationship (N=29)
- Overall condom use was low; only 14% of participants said they used a condom the last time they had sex.
- Why do you think a woman would not use a condom?
- After the intervention, 62% stated they planned to use a condom the next time they had sex.

Principal Investigator: Tom Lyon, PhD
Chicago State University

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STRATEGIES TO IMPLEMENT EFFECTIVE PROGRAMS

- Networking & Collaborative efforts...
  - Community at Large
  - Community Advisory Board
  - Collaborative Partners
- Strong Communication Skills
- Strong Leadership Skills
  - Consistency
  - Accountability
- Continual Monitoring & Evaluating
MWIPM COLLABORATIVE PARTNERS

• IDPH – AAARA / Office of Women’s Health
• IDOC - Fox Valley Adult Transitional Center
• Making a Daily Effort / Beyond Care
• AIDS Foundation of Chicago
• Michael Reese/Mercy Hospital
• South Side Help Center
• Proactive Community Services
• Healthcare and Family Services

BENEFITS
WIN! WIN! WIN!

• Returning Citizens
• Returning Citizens’ Family Members
• Returning Citizens’ Communities

WE all win when WE work together!

Contact Information

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**HISTORY**

- This event is designed to provide a 'one stop' environment for the parolee to obtain the necessary assistance to move past barriers which may be preventing them from leading a successful life.
- The event offers a variety of health screenings such as HIV testing, blood pressure, flu shots, vision screening and overall healthcare referrals, identification cards, jobs, food, clothing, family services, counseling, faith based assistance and guidance.
- The mission is to give those hope that have lost their hope.

**PURPOSE**

- Social service agencies providing information such as employment services, GED and college enrollment, job skill training (mock interviews) and child support information for the recently released.
- Serving the needs of the 'whole person' with wrap around services.
- A crime-free, productive life for the recently released translates into a safer community for everyone.
- The Summit provides a complete venue of service providers, community groups and faith based organizations. Offering health care services, education opportunities, mock job interviews, community services and much more all designed to provide this population with the knowledge and support they need.
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GOAL

- Public Safety through reduced recidivism. Through a community expo of services and support we can both supply and encourage those re-entering back into society with the tools they need to become crime free, responsible members of society.
- To connect the local parolee with local services. Communities helping their own community.

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WALKING THROUGH A SUMMIT OF HOPE

When the offender arrives they are greeted by friendly staff. Signs indicate Federal Parole/Probation, County Probation, and IDOC State Parole. After they are checked in they receive a name tag, folder and they are sent on to the next table.

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Here they are greeted by the friendly smiles of the staff who will assist them with the HIV testing. After completing a little paperwork, a quick blood test and then on to the next table.
This next step is the interview where they sit down with an IDOC Counselor or Volunteer who will complete a two page questionnaire. This process builds a rapport with the offender and gives the interviewer some information of what they need to look for as they walk to the vendors.

Each person is then escorted from table to table talking and breaking the ice for the offender making sure they are able to take advantage of all the services available in the area. What is the secret of the Summit of Hope? This is the answer: one-on-one contact with each service provider (if you had 500 tables in a room and had their work around by themselves, they would pick up some info, but really not get any help.) The members of IDOC staff and volunteers is what makes this a success.

Volunteers interviewing participants
ATTENDEES

- Total of 78 Summits of Hope held from February 2010 to February 2015
- A total of 19,500 offenders have participated in a Summit of Hope

Total Offenders Attending a Summit of Hope
- Received State of IL identification cards
- Participated in HIV testing

HIV TESTING

- 8,217 HIV tests conducted (not all reporting*)
- 15 new HIV positives found
- Self reported 12
- Link to care 26 positives

Received HIV test
Did not receive HIV test
VENDOR AND COMMUNITY AGENCIES

- Shekinah Colony House
- New Moms
- New Birth Christian Center
- Howard Area Community Center
- Youth Overcome Services
- Washington Health Authority
- Northwestern University
- Howard University
- Family of the Year
- Chicago Public Housing
- Behavioral Health
- Rebuild Our Future
- Family Health
- Family Focus
- Youth Outreach Services
- Westside Health Authority
- Haymarket Center
- Roosevelt University
- Sister's of the Hood
- Emages Inc.
- Direct 2 Housing org
- Bethel New Life
- Associates in Behavioral
- South Side Help Center
- Sankofa
- Safe Child Initiative
- FAITH Inc
- Christian Community Health Center
- BI Incorporated
- Agape Missions NFP
- Treatment Alternatives for Safer Communities
- LWCC PM
- State Senator Mattie Hunter
- Chicago HIV Risk Reduction Partnership
- AIDS Foundation of Chicago
- GROW in Illinois
- The Salvation Army Harbor Light Center
- A Safe Haven
- Illinois Attorney General
- ECHO Development NFP
- Ashunti Residential Management System Inc
- City Colleges of Chicago
- House of Judah Sanctuary
- Family Focus
- Ruth M. Rothstein CORE Center
- Illinois State Treasurer’s Office

SUMMIT QUESTIONNAIRE RESULTS - QUESTION #1

- Are you satisfied participating today assisted you in some way?

Satisfied?
- Yes
- No
- Blank

92%
3%
5%

SUMMIT QUESTIONNAIRE RESULTS - QUESTION #2

- Did you find the presenters adequately addressed your concerns and questions?

Presenters Adequate?
- Yes
- No
- Blank

91%
4%
5%
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**SUMMIT QUESTIONNAIRE RESULTS**

**QUESTION #3**

- Is there anything we could have done differently?

**Could Have Done Differently?**

- Yes: 9%
- No: 84%
- Blank: 7%

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**SUMMIT QUESTIONNAIRE RESULTS**

**QUESTION #4**

- Do you intend to follow up with any of the agencies you visited?

**Intend to Follow Up?**

- Yes: 3146
- No: 344
- Blank: 230

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**SUMMIT QUESTIONNAIRE RESULTS**

**QUESTION #5**

- What did you like best?

  - The fact that all these services & opportunities are out there for them.
  - Generosity, note were great.
  - Central location.
  - Great job.
  - Food & drink.
  - Hospitality & friendliness of everyone.
  - Not sure.
  - To be able to find what you need in one place.
  - Blank: 230

**Common answers:**

- Not sure.
- Having an escort so I was not alone.
- Onmy own.
- Support of everyone.
- Blank.
- Site access.
- The summary.
- Support of everyone.
- Skills match.
- One on one time with helpers.
- Youth programs.
- Resources I wasn't aware of.
- Organizations to help with rent & utilities.
- Housing.
- Salvation Army.
- Variety of programs.
- The operator.
- GED.
- Banking.
- Explanation of services was helpful.
- Support group systems.
- Veteran's services.
- Info on food & clothing.
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Implementing teamwork to make the dream work
Presented by Brian Drummond, AA CADC MISA I

THE FORMERLY INCARCERATED HIV/AIDS IMPACTED PARTICIPANT

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CHALLENGES WITH REENTRY
- Understanding the culture and diversity
- Substance Abuse, Depression, Anxiety, and Personality Disorders
- Understanding Trauma
- Linkage to care and HAART adherence

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CHALLENGES CONT........
- Health Literacy
- Stigma & Issues disclosing in a relationship
- Stage of change assessment and motivational interviewing
- Case management/Referral services and assertive follow-ups
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CULTURE & DIVERSITY

- Heterosexual
- MSM – men who have sex with men
- Transgender
- Gang affiliated person
- IDU - Injection Drug User
- Gay or Lesbian

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SUBSTANCE ABUSE, DEPRESSION, ANXIETY, AND PERSONALITY DISORDERS

- Causes or Risk factors for substance abuse/dependence
  - Psychological (e.g. depression, low self-worth, poor coping skills)
  - Psychopathology (e.g. antisocial personality disorders, bipolar affective disorders, post-traumatic stress disorder)
  - Environmental & Societal (e.g. deviant subculture, criminality, social milieu that condones or permits drug use)

- Opportunistic infections can cause depression or anxiety

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SUBSTANCE ABUSE, DEPRESSION, ANXIETY, AND PERSONALITY DISORDERS CONT.....

- Other factors:
  - Gender Role Conflict
    - Use substances to relieve doubts about their adequacy as men and women, or to facilitate expression of femininity or masculinity
UNDERSTANDING TRAUMA

- Childhood abuse, neglect, molestation, sexual abuse
- Dealing with new or old HIV or AIDS diagnosis
- Hate Crimes
- Gang fights, wars, shootings, being a target of rivals
- Overdoses
- Domestic violence (e.g., abusive relationships)
- Experiencing death of others or wasting syndrome

LINKAGE TO CARE AND HAART ADHERENCE

- Identifying and engaging with a medical provider
  - Stigma or intimidated
  - Homeless
  - Substance abuse or Mental Health issues
  - Other health conditions
  - Disclosing to partners or family
  - Transportation (e.g., Urban or Rural)
  - Lack of initiative to follow-up after release
  - Asymptomatic
  - Traveling through unsafe territories

HEALTH LITERACY

- Ways to educate and empower participants
  - Educate about CD4 and Viral Load
  - Educate on proper dosing
  - Educate on DDI and potential risks
  - Educate on harm reduction (e.g., cleaning syringes)
  - Educate on how to ask specific questions during medical visits. If possible, meet participants at medical appts
  - Educate on side effects
  - Educate on proper condom use or negotiation
  - Educate on ways of and to reduce transmission
STIGMA ISSUES AND DISCLOSING IN A RELATIONSHIP

- Understanding the challenge with interacting sexually
  - Struggle with new values and morals
  - Fear rejection or abandonment
  - Educate on HIV disclosure laws in Illinois
  - Educate on initiating a difficult conversation
  - Educate on how to engage in a conversation without being compelled to immediately disclose
  - Educate on Pediatric AIDS Chicago Prevention Initiative (PACPI) program and preparing for possible childbearing

UNDERSTANDING THE STAGES OF CHANGE AND MOTIVATIONAL INTERVIEWSING

- Working with participants
  - Not all prison or jail releasees have mandates
  - Most will be in stages, Contemplation, Preparation, or Action
  - Understand how the person’s Attitudes, Values, and Core Beliefs about events drive the emotions & behavioral choices
  - Engage in MI and distinguish the change talk from the sustain talk and then capitalize on change talk
  - Help with cost/benefit analysis, identify strengths, agree on or negotiate tasks
  - Often look for theme over content or emotion over detail

CASE MANAGEMENT/REFERRALS AND ASSERTIVE FOLLOW-UPS

- Strengths-based case management?
  - The strengths-based perspective is based on the belief that individuals possess the abilities and inner resources that allow them to cope effectively with the challenges of living and that focus on these assets is more effective than focusing on a problem-oriented point of view
CASE MANAGEMENT CONT....

- Case Manager Roles relating to reentry
  - Treatment and Ancillary Service Resource
  - Educator, Practical Counseling that focuses on intra and interpersonal change, Participant Navigator, Supporter
  - Asking about treatment/service planning readiness and clarifying responsibilities between CM & Participant
  - Communication/Referral facilitator and assertive follow-ups with participant and partnering agencies
  - Adherence and Healthy Lifestyle Advocate
  - Supporting treatment & pro social behavior decisions and providing constructive feedback & encouragement

OTHER CHALLENGES SPECIFIC TO THE CORRECTIONS/REENTRY POPULATION

- Lack of social skills
- Anger Issues
- Severity of addiction
- Criminal Thinking
- Criminal Conduct
- Poor coping skills
- Lack of parenting skills
- Vocational training
- Grief and Loss issues

QUESTIONS OR COMMENTS
Thank You
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