



# Mental Health First Aid

Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

**Date and Time:** August 21, 2024  
8:00 AM-4:30 PM

**Cost:** \$119 per person

*You must be a CHW to apply for a HRSA stipend to assist in the completion of this training.*



Funding provided by HRSA grant 22-124; Community Health Worker Training Program for CHWs who are eligible for stipend/tuition coverage.