



PRE-SUMMIT WORKSHOP AGENDA

WEDNESDAY 8.21.24



7:30am **Registration**

8:00am **MORNING Workshops**

Mental Health First Aid (Session ONE) *Governor Altgeld Suite*

Kristan Creek, Illinois Central College

The Mental Health First Aid workshop will teach attendees how to identify, understand, and respond to signs of mental illness and substance use disorders. This training provides the skills needed to reach out and support individuals who may be developing a mental health or substance use problem and help connect them to appropriate care.

CHW Chronic Kidney Disease Patient Navigator Training *Governor Bond Suite*

Angelique Marseille, National Kidney Foundation of Illinois | Gerardo Huerta, National Kidney Foundation of Illinois | Jowanna Whitfield, National Kidney Foundation of Illinois

This training is specific to the CHWs who have participated in one of the CHW Chronic Kidney Disease Patient Navigator Trainings through IPHA between May and August. Participating CHWs will complete the requirements for receiving their CHW Chronic Kidney Disease Training certification. In this course attendees will learn how to help reduce the risk, slow the progression, and empower individuals with kidney disease to understand their treatment options and take charge of their health.

CHW Integration: Everything You Wanted to Know About Successful CHW Integration *Governor Yates Suite*

Angela Ellison, UIC | Rachael Telleen, HAP Foundation | Tracey Smith, IPHA | Gloria West, Malcolm X College | Yesenia Cervantes, Sinai

The COVID-19 pandemic revealed the difficulties encountered by community members in accessing needed healthcare. Learn how you and your community can incorporate digital inclusion strategies for improved health outcomes, wellbeing, and long-term impact.

12:00pm **Lunch**
On Your Own



1:00pm **AFTERNOON Workshops**

Mental Health First Aid (Session TWO)

Governor Altgeld Suite

Kristan Creek, Illinois Central College

The Mental Health First Aid workshop will teach attendees how to identify, understand, and respond to signs of mental illness and substance use disorders. This training provides the skills needed to reach out and support individuals who may be developing a mental health or substance use problem and help connect them to appropriate care.

Leading With Care: Exploring Trauma-Informed Practices in CHW Supervision

Governor Yates Suite

Claire Hughes, IPHA

This workshop will equip CHW Supervisors and employers with an in-depth understanding of Trauma-Informed workplace practices, specifically tailored for working with CHWs who bring lived experience with trauma. Discover strategies for overcoming barriers and fostering resilient, supportive environments in your CHW workforce.

Tips for Teaching and Training CHWs Across the Life Span

Freeport Room A

Angela Ellison, UIC; Tracey Smith, IPHA; Maureen Burns, HAP Foundation; Gloria West, Malcolm X College; Yesenia Cervantes, Sinai

This training is specific This interactive workshop will allow CHW Trainers and Potential Trainers the opportunity to discuss the nuances of training CHWs. Popular education techniques will be highlighted.

CHW Chronic Kidney Disease Patient Navigator Training

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4:00pm **Adjourn**