



Domestic Violence and Health

Apna Ghar, Inc Training for IPHA CHW Lunch and Learn

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Eva Mwariri, MA. Community Engagement Coordinator***

Our Services / Programs



MEDICAL
ADVOCACY



HOUSING
ADVOCACY



LEGAL ADVOCACY



SYSTEM
ADVOCACY



ECONOMIC
EMPOWERMENT



OUTREACH AND
EDUCATION



CRISIS LINE



SUPERVISED
VISITATION AND SAFE
EXCHANGE

Learning Objectives

1. Explain what Apna Ghar is and its history with the healthcare sector
2. Define Domestic Violence
3. Provide examples of the various forms of Domestic Violence
4. Explain why domestic violence is a healthcare issue
5. Identify the websites and hotline numbers that can help CHWs to educate people about DV and the rights of survivors to access remedies like Orders of Protection, DV services, and changing locks or breaking leases
6. List the ways in which CHWs can support domestic violence survivors and educate the public and healthcare professionals about DV

10/11/2024

TAKE CARE OF YOURSELF

This is a difficult topic. We all have a personal association with gender-based violence. Please make sure you do what you need to in order to process and integrate this information while seeking support and a healthy outlet for your emotions and thoughts.

[National Domestic Violence
Hotline 800-799-7233](#)

APNA GHAR

- *Five Asian American women started Apna Ghar, Inc. in 1989 to help immigrant, refugee, and other marginalized survivors of Domestic Violence.*
- *Apna Ghar has engaged **more than 100,000 individuals from 65 different countries in its 35 years of operation.** It has a multilingual staff of more than 30.*
- *Apna Ghar has established itself as an international resource in addressing gender-based violence in immigrant, refugee, and other marginalized populations.*
- ***It continues to Empower survivors, Engage Communities and Elevating the issues of gender justice.***



Why should CHWs be concerned about Domestic Violence?



Goals of health care response to DV

by Swedish Hospital Pathways Program

ARE TO

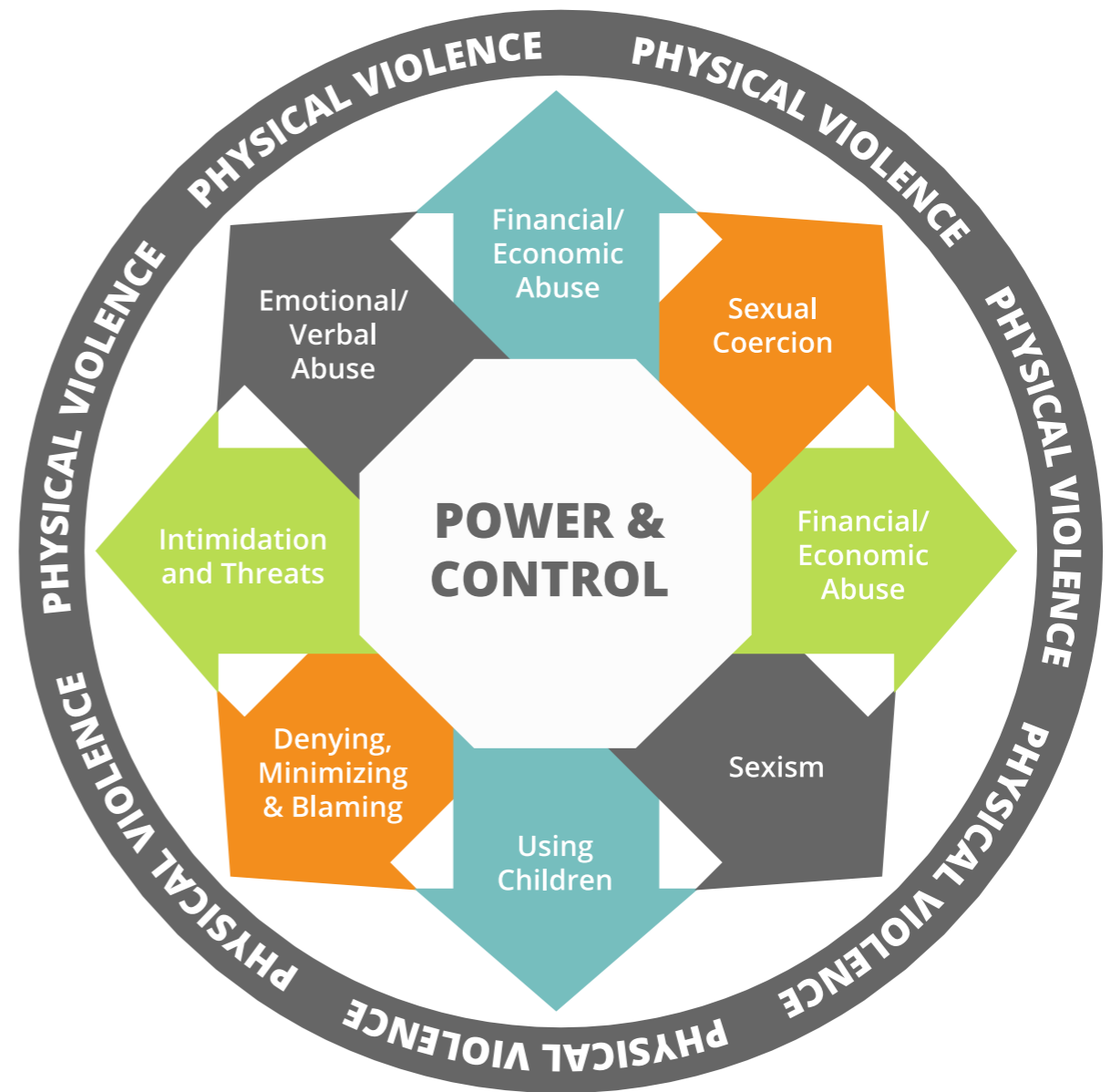
- ✓ **Provide trauma-informed, comprehensive, and appropriate care**
- ✓ **Promote healthy relationship norms** by identifying DV as a common but unacceptable behavior that affects health
- ✓ **Increase access to safety**, reduce isolation, link victims and their families to additional services/support
- ✓ **Support survivors in their decisions** on what to do

ARE NOT TO

- Force survivors to disclose abuse;
- Force survivors to report to engage the police
- Assume health care providers responsibility for solving the problem or telling survivors what to do
- Assume who is experiencing DV based on stereotypes or
- Assume who can and cannot be helped
- Rescue or save patients

What is Domestic Violence (DV)?

Coercive, isolating, and manipulative behaviors and assaults that are used to gain **POWER** and **CONTROL** over one's current or former intimate partner, close family or household member, or an individual in your care.



Domestic Violence Dynamics

- People who engage in Domestic Violence often exert privilege or advantage over the victim or survivor (e.g. being stronger, male, able-bodied, having more access to money, having a higher social status, etc.) to coercively control the target of their abuse
- Often, **threaten to use their advantage to harm** the victim and/or their loved ones or to have them deported or arrested or reported to child protective services
 - Direct their anger and domination to the victim/survivor
 - Often create a fearful, chaotic mental and emotional state and living environment for victim/survivor
 - Often engage in sexual/reproductive control including unprotected sex, not allowing contraceptives, and nonconsensual sexual contact
- **Abuse is intentional and controlled** not directed to others. This means that they rarely cause harm to people who have a power advantage over the them. They rarely act abusively towards authority figures.



Domestic Violence Dynamics: Truths Countering Common Myths

ival Mode

OFF

ON

The abusive behavior is intentional and controlled and is **NOT a result of offender losing control**. Explosive or long-simmering anger directed to the victim/survivor is an abusive tool to gain control over victim.

Not **caused by mental illness, substance abuse, or trauma**. These are correlated, but not causal. Many people with substance abuse disorder, mental illness, and trauma histories do not choose to be abusive

Who Engages in Domestic Violence (DV)?

Domestic violence occurs among all races, ethnicities, religions, socioeconomic groups, and within all gender and sexual identities.



Why It Is So Hard for Survivors to Leave?

Socio-ecological Determinants:

- Economic Dependence on Person Harming Them
- Societal/Family/Congregational Pressure to Stay in Relationship
- Fear of Unknown if They Leave
- Fear of Arrest/Deportation
- Fear of losing custody of children
- Fear of retaliation.

EM

Domestic Violence (DV) in various communities?

Minority and immigrant women are disproportionately impacted by DV and often have higher rates of domestic homicide and depression.



Why Should CHWs Talk About DV?

HEALTH IMPACT: Women exposed to intimate partner violence are →


Mental Health

TWICE 
as likely to experience depression

ALMOST TWICE 
as likely to have alcohol use disorders

Sexual and Reproductive Health

16% 
more likely to have a low birth-weight baby

1.5 TIMES 
more likely to acquire HIV and 1.5 times more likely to contract syphilis infection, chlamydia or gonorrhoea

Death and Injury

42% 
of women who have experienced physical or sexual violence at the hands of a partner have experienced injuries as a result

38% 
of all murders of women globally were reported as being committed by their intimate partners

Why Should HCP Talk About DV?

Victimization by an intimate partner increases one's risk for depression, PTSD, substance use and suicidality

- 3x** PTSD, Major depressive disorder, Self-harm
- 4x** Suicide attempts
- 6x** Substance use disorder

NATIONAL Center on Domestic Violence, Trauma & Mental Health

High rates of DV among women accessing substance use disorder treatment

- 47%-90%** Report DV in their lifetime
- 31%-67%** Report DV in the past year

NATIONAL Center on Domestic Violence, Trauma & Mental Health

DV is often targeted toward undermining a partner's substance use disorder treatment and recovery

- 60%** of the 3,224 National Domestic Violence Hotline callers who had sought help for substance use said their partners had tried to prevent or discourage them from getting help.
- 26%** Had used substances to reduce the pain of DV.
- 27%** Had been pressured or forced to use substances or made to use more than they wanted.
- 24%** Were afraid to call the police because their partner said they would be arrested or not believed.
- 38%** Said their partner had threatened to report their substance use to authorities to prevent them from getting something they wanted or needed (e.g. protection order or custody of their children).

NATIONAL Center on Domestic Violence, Trauma & Mental Health

Why Should HCP Talk About DV?

- Reproductive Health Complications
- Increased incidence of problem pregnancy, pre-term labor, NICU admissions
- Reproductive Coercion is a common tactic used by people who choose to engage in domestic violence: much higher rates of forced pregnancy, coerced abortion, and refusal to engage in safer sex practices
- Higher transmission rates of STIs including HIV

<https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2012/02/intimate-partner-violence>

Why Should HCP Talk About DV?

Women who did vs. did not experience violence in adulthood were:



Two times

as likely to develop chronic pain (OR = 2.08)



Why Should HCP Talk About DV?

- **Breast Cancer:**

- In one study, breast and cervical cancer survivors were identified and recruited from a large urban integrated safety-net hospital system.

- Among the 312 participants, 54% identified as IPV+.

- Among breast cancer, **IPV+ cancer participants were twice more likely to develop estrogen receptor negative ER- and/or progesterone receptor negative PR- tumor receptors** compared with IPV- cancer participants (AOR = 2.31; 95% CI, 1.20, 4.44).

- IPV+ breast cancer participants were less likely to have surgery and less likely to have hormone therapy** as a first course of treatment compared with IPV- participants.

- There was no relationship between IPV and adherence to guideline-recommended cancer survivorship care.

[Jetelina, 2020](#)

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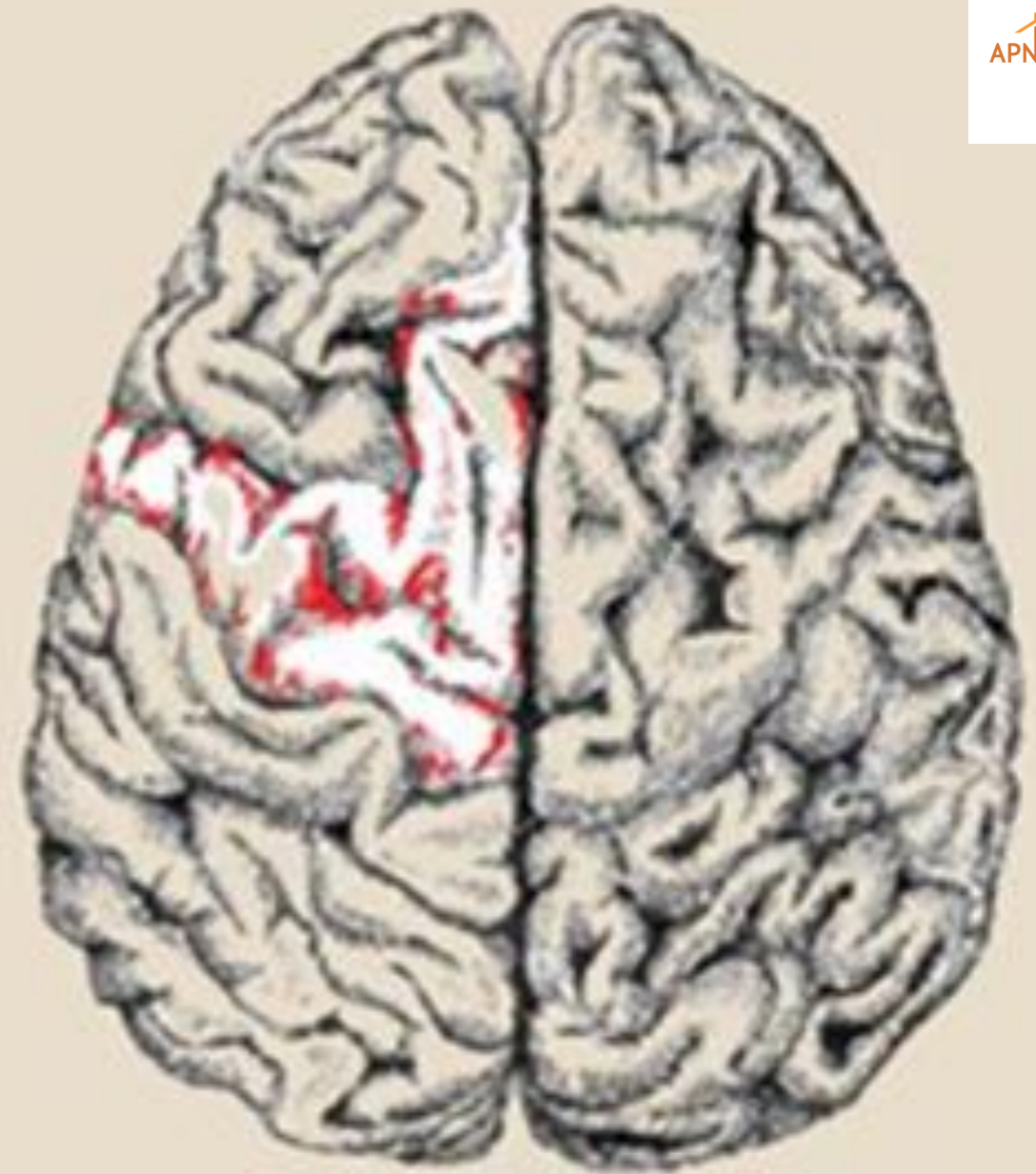
Why Should HCP Talk About DV?

Domestic Violence Survivors Suffer High Rates of Gastrointestinal and Genitourinary Issues
([Leserman, 2007](#) and [Campbell, 2002](#))

Why Should HCP Talk About DV?

New estimates suggest TBI from domestic violence may affect up to **20 million women**.

Upwards of **90%** of all individuals with a history of interpersonal violence have concomitant signs and symptoms of traumatic brain injury.



INJURY AWARE

MONTH

M A R C H



Why Should HCP Talk About DV?

Fifty percent of men who frequently assault their spouses frequently assault their children. The U.S. Advisory Board on Child Abuse and Neglect suggests that in the USA, Domestic Violence may be the single major precursor to child abuse and neglect

Other reviews estimate the co-occurrence rate of DV and Child Maltreatment is 30%-60%

Why Should HCP Talk About DV?

Adults reporting exposure Adverse Childhood Experiences (ACES) as children (including exposure to mother or stepmother being abused) had increased likelihood of several chronic health conditions compared those without such exposures, especially if their exposure included multiple forms of violence:

Ischemic heart disease 2.2x

Cancer 1.9x

Stroke 2.4x

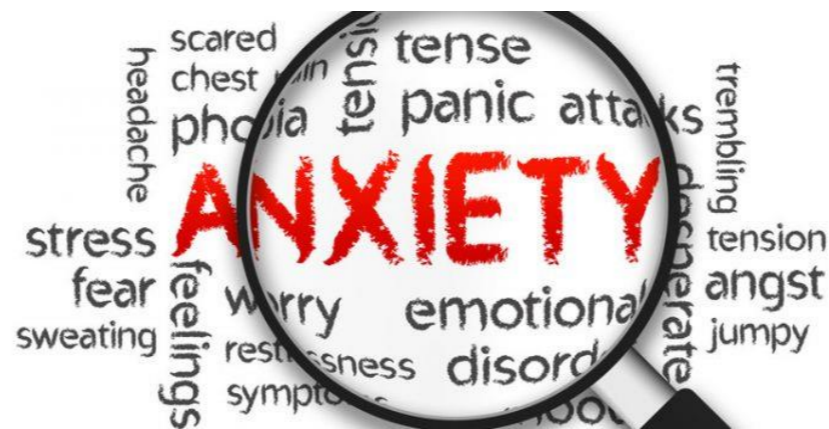
Chronic obstructive lung disease 3.9x

Diabetes 1.6x

Hepatitis 2.4x (11,12)

Why Should HCP Talk About DV?

- Survivors' trauma responses are often undiagnosed or misdiagnosed by mental health practitioners or by their doctors
- Many mental health practitioners and other healthcare practitioners don't ask about abuse and misdiagnose
- PTSD often undiagnosed and untreated



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Survivors can seem to be difficult or uncooperative patients: Healthcare staff need to explore WHY a patient is resistant

- People often misperceive a survivor as being an inattentive parent or a difficult patient.
- Usually, the victim of the abuse is in survival mode and will find it beyond their capacity or not a priority to comply with prescribed behaviors and to show up for appointments.
- Encourage healthcare professionals and administrative staff to pause and consider whether a combative or non-compliant patient might have a trauma history that explains their challenging behaviors

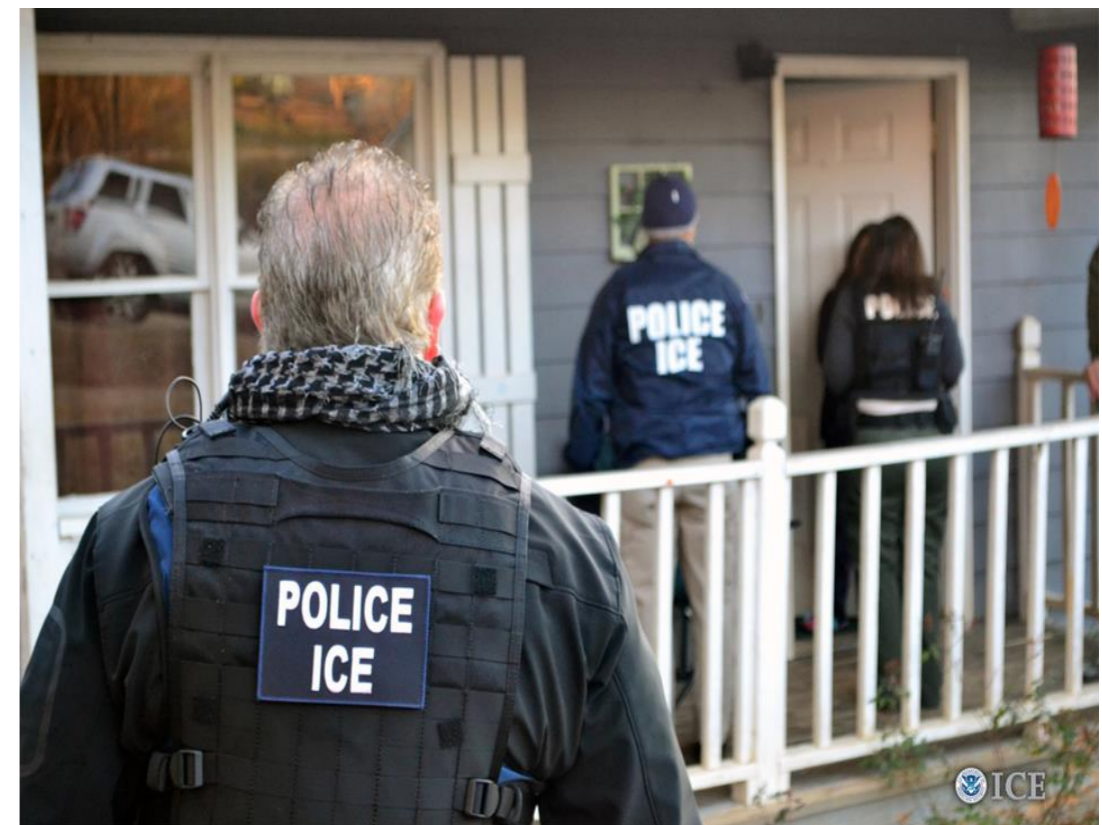


Guidance on Working With Immigrant Survivors:

Use professional interpreters

Be aware of their fear of deportation if linked with police and ICE

Patient might be very isolated. The person harming them may be the ONLY person survivor knows



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Other things you can do in your organization to educate people and support survivors:

- **Provide the clinic or agency offices as a safe space** where survivors can meet with a counselor,
- **contact** a domestic violence or sexual assault agency using your organizational phone and computer, **file a police report**, etc.
- **Contribute to healthy relationship norms:** consider signs and buttons and flyers promoting respect, consent, and other norms



Things you can say to a survivor about domestic violence

- *Domestic violence is a problem for many people: one in two women and one in three men have experienced abusive relationships.**
- *Because Domestic Violence affects health and well-being, we talk to all of our patients and community members about it.**
- ***You do not deserve to be abused. You are not responsible for the abuse. You did not cause it.***
- ***You can receive free and confidential support***
- ***What happened to you is a crime; it's against the law. Help is available.***
- **** Very helpful statements to explain why patients are asked if they feel safe at home or if they have experienced abuse***

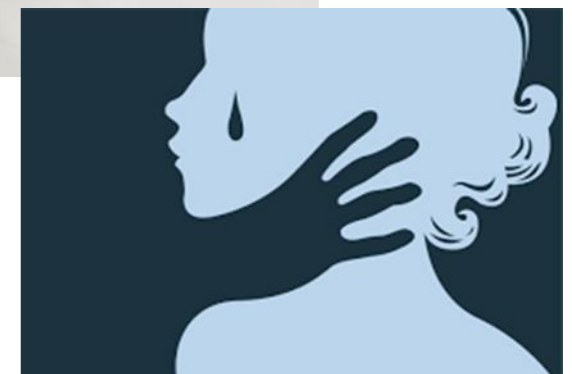
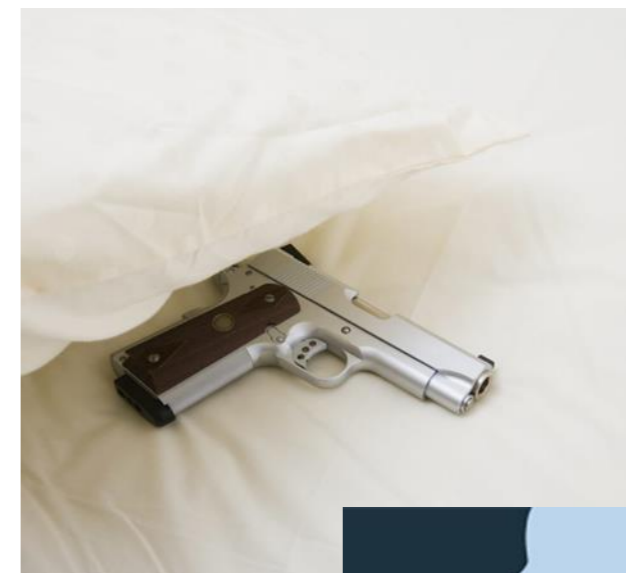
Unhelpful Responses to Survivors

- ***“We can protect you”*** (promise we can’t keep/can’t be super-heroines)
- ***“You need to leave now”*** (telling them what to do)
- ***“At least it’s not as bad as...”*** (minimizing/comparing to other patients)
- ***“Why didn’t you say something before?”*** (blaming)
- ***“All couples have problems.”*** (dismissing)
- ***“What did you do to make your partner mad?”*** (blaming)
- ***“You should...”*** (telling them what to do)
- ***“They sound like a bad person.”*** (talking badly about partner)
- ***“If I were you, I would...”*** (telling them what to do)
- ***“Really? Are you sure that’s what happened? That doesn’t seem right.”*** (doubting them)

Things you can say to about domestic violence

Inform the patient they are at a higher risk and needs to seek information on confidential support and safety if the person harming them has:

- Access to a gun
- Choked them
- Sexually assaulted them
- Threatened to kill them
- Stalked them
- Recently become unemployed or is unemployed
- Expressed suicidality



Next Steps: Checklist for CHWs:

These are the ways CHWs can address Domestic Violence

Provide colleagues with fact sheets on DV

- <https://www.cdc.gov/violenceprevention/intimatepartnerviolence/fastfact.html>
- <https://preventioninstitute.org/unity>
- <http://nationalcenterdvtraumamh.org/wp-content/uploads/2012/01/Warshaw-Prevalence-of-DV-in-MH-Settings.pdf>

Order fact sheets, flyers, guidelines, and screening tools

- Futures Without Violence Healthcare & DV: <https://DVhealth.org/>
- Teen Dating Violence <https://www.loveisrespect.org/>
- National Center on Domestic Violence Trauma and Mental Health
<http://www.nationalcenterdvtraumamh.org/>

Speak with clinic administrators, staff, and volunteers to establish a protocol and training for your agency staff on:

- How to educate and screen patients alone
- How to respond to positive DV screening
- Updated resource referrals or at the very least give out:
- **Illinois DV Hotline number: 1-877-863-6338 (1-877-TO-END-DV)**
- Finding a space in the clinic where patients can use the clinic as a safe space in which to speak with a domestic violence advocate, file a police report, etc.
 - ***Partner with local DV agencies to raise awareness and link survivors with services***

Next Steps: Checklist for CHWs:

These are the ways CHWs can address Domestic Violence

- **Information, Options, Counseling, Linkage to Legal and Shelter Services. Toll-Free. 24-hour. Confidential. Multilingual.**
 - **Phone: 1-877-863-6338 (877-TO-END-DV)**
TTY: 1-877-863-6339
- The Office on Domestic Violence continues to house and oversee the operation of the Illinois Domestic Violence Hotline. The Hotline is a 24-hour, toll-free confidential number that functions as a clearinghouse for domestic violence services and information.
- The Help Line is used by: **Victims * Concerned family/friends * Health care workers * Faith leaders * Police officers * Prosecutors**



BREAK THE SILENCE

Reach Out, Speak Up, Speak Out

Call or text the Illinois Domestic Violence Hotline to learn more about assistance for victims of domestic violence:
Crisis Intervention | Safety Planning | Connection to Services

877-863-6338

The hotline is confidential, available 24 hours a day, and can help you no matter what language you speak.

You are not alone, we can help.

Illinois DV Hotline:

- 1-877-TO END DV or **1-877-863-6338** (Voice)
- 1-877-863-6339 (TTY)
- The hotline is toll free, confidential, multilingual, and open 24-hour.
- Referral to 24-hour crisis hotline that provides: Support; Information; and Referral



Websites with Great Resources and Information

1) NATIONAL HEALTH RESOURCE CENTER ON DOMESTIC VIOLENCE

<https://www.futureswithoutviolence.org/health/national-health-resource-center-on-domestic-violence/>

2) INTIMATE PARTNER VIOLENCE AND HUMAN TRAFFICKING

<https://blog.nachc.org/intimate-partner-violence-and-human-trafficking-how-health-centers-can-respond-during-covid-19/>

3) FUTURES WITHOUT VIOLENCE HEALTHCARE & DV

<https://DVhealth.org/>

4) TEEN DATING VIOLENCE

<https://www.loveisrespect.org/>

5) HOT PEACH PAGES – Information on Gender-Based Violence in Multiple Languages

<https://www.hotpeachpages.net/>

6) API-GBV Asian Pacific Institute on Gender-Based Violence

<https://www.api-gbv.org/>

7) NATIONAL CENTER ON DOMESTIC VIOLENCE TRAUMA AND MENTAL HEALTH

<http://www.nationalcenterdvtraumamh.org/>

THANK YOU

Apna Ghar CRISIS LINE: 800-717-0757

Main Office: 773 883 HOME (4663)

Email: info@apnaghar.org

help@apnaghar.org

Text Apna Ghar 773-899-1041

4350 N. Broadway, 2nd Floor Chicago, IL 60613

ApnaGhar.org @apnagharinc on social media



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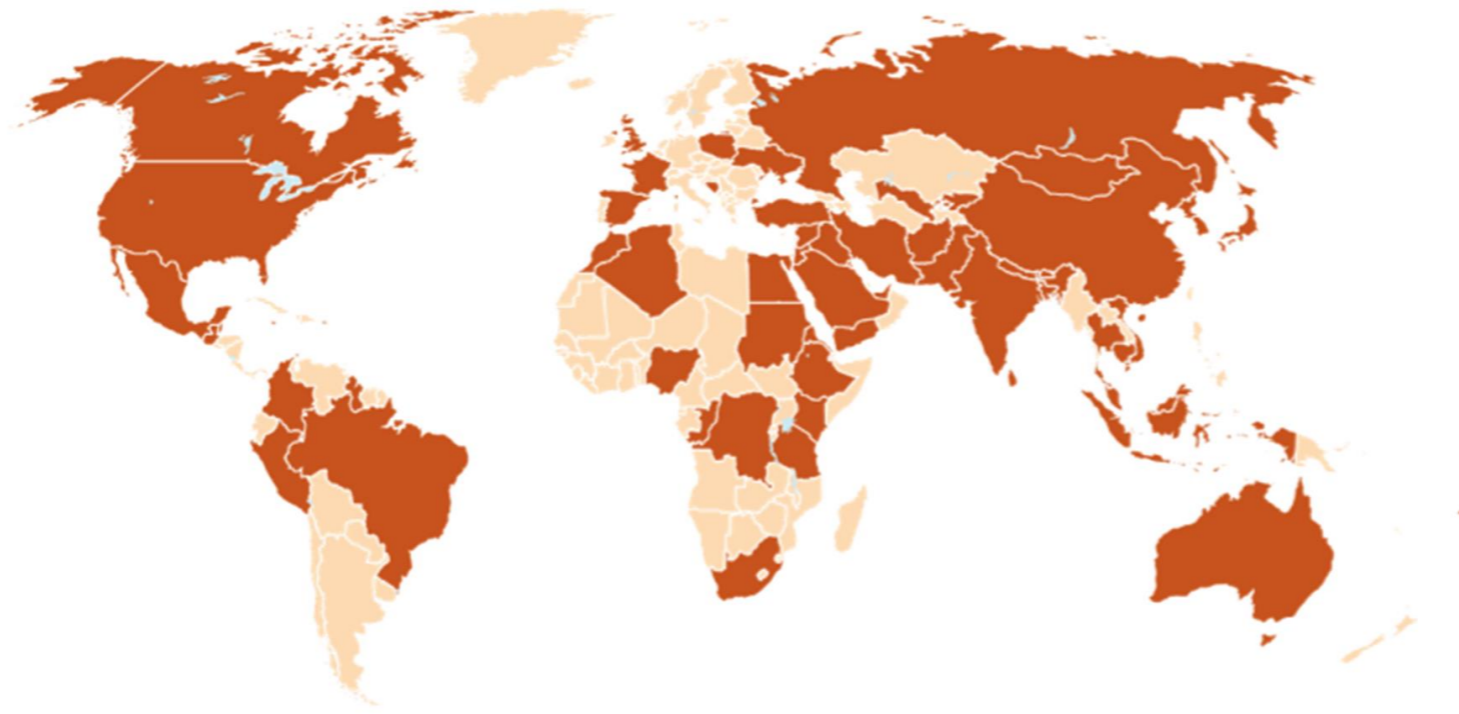
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ApnaGhar.org

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Who we serve



Countries Apna Ghar's
program participants are from:

50

Languages spoken by
Apna Ghar's staff:

20

Our Services / Programs



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More Resources

- National Domestic Violence Hotline. "What is Gaslighting?" Retrieved at <https://www.thehotline.org/resources/what-is-gaslighting/>
- Dean, Mary E. (March 16, 2021.) BetterHelp. "What Is Gaslighting? A Sneaky Kind Of Emotional Abuse." Medically Reviewed by Aaron Horn. Retrieved at <https://www.betterhelp.com/advice/relations/gaslighting-a-sneaky-kind-of-emotional-abuse/>
- The National Child Traumatic Stress Network (NCTSN). "Immediate Reactions and Long-term Effects of Intimate Partner Violence" Retrieved at <https://www.nctsn.org/what-is-child-trauma/trauma-types/intimate-partner-violence/effects>
- Crisis Text Line. "How to Deal with Self Harm." Retrieved at <https://www.crisistextline.org/topics/self-harm/#what-is-self-harm-1>
- TBI and Mental Health:**
 - <https://www.psychiatrictimes.com/view/is-psychiatric-disorder-tbi-medical-mimic>

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Other Domestic Violence Organizations in Chicago Area

- <https://www.ilcadv.org/get-help/>
- “Domestic violence programs located throughout Illinois provide safety assistance to survivors of domestic violence.
- Services are free and private.
- They are available regardless of race, ethnicity, gender, religion, income, disability, or sexual orientation.
- You do not have to leave the abuser or your home to get help.
- The Helpline Operator or the Local Agency will decide what services will assist you from the program at either the first meeting or via the telephone call.

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Chicago Area Domestic Violence Resource Referral

[A Safe Place](#) (Zion, IL – Lake County)

As the leading advocate for eliminating domestic violence in northern Illinois, A Safe Place provides information and training about domestic violence to students, professionals and the general community. A Safe Place is the sole provider of services exclusively addressing domestic violence in Lake County, Illinois. Through multi-faceted programs we assist victims in transforming their lives after domestic violence, prevent future abuse by addressing its root cause through abuser intervention programs, and educate the community about domestic violence and how we can all be involved in its end.

[Apna Ghar](#) (Chicago, IL – North Side)

Apna Ghar provides domestic violence shelter and transitional housing, along with a range of supportive services, to survivors of domestic abuse in the Chicago area. All services are free and available to survivors regardless of race, religion, ethnic origin, or socioeconomic status. A large proportion of Apna Ghar's clients are immigrants from India, Pakistan and other Asian and African countries. Some have suffered the traumas of war and dislocation in addition to domestic violence, and 85 percent are low-income. To meet clients' needs, services are culturally appropriate and provided in multiple languages.

[Arab American Family Services](#) (Southwest Suburbs/Southwest Side and Niles, IL) AAFS provides service to over 30 communities in the South Suburban Chicagoland area. Our programs focus on the areas of safety net case management as well as domestic violence prevention and intervention, elderly and disability assistance, cultural diversity training, mental health assistance, immigration services, community health and education programs and youth programs. AAFS is a non-political, non-religious organization that focuses on building respect and understanding between Arab-Americans and the mainstream-American culture.

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Chicago Area Domestic Violence Resource Referral

Anew: (South Suburban Cook County) Anew: Building Beyond Violence and Abuse offers services for victims of domestic violence and accepts clients regardless of race, color, religion, national origin, sex, gender identity, sexual orientation, disability, marital status, or age.

Ascend Justice: Ascend Justice’s mission is to empower individuals and families impacted by gender-based violence or the child welfare system to achieve safety and stability through holistic legal advocacy and systemic reform.

Between Friends (formerly Friends of Battered Women and Their Children) (Chicago, IL – North Side)

Between Friends is a nonprofit agency dedicated to breaking the cycle of domestic violence and building a community free of abuse. Between Friends’ comprehensive programs and services include a toll-free Crisis Line (800-603-HELP), direct crisis intervention services for individuals and families, counseling for victims and their children, court advocacy, and prevention and education efforts, including healthcare education and our extensive teen dating violence prevention program, REACH (Relationship Education: A Choice for Hope). Each year, we work with thousands of children, teens, and adults through these programs, all offered free of charge.

Catholic Charities (West Side) Catholic Charities assists victims and survivors of domestic violence through a team of compassionate professionals with opportunities to regain their dignity and independence, and move toward a safer, happier future. Through our work, which includes counseling and outreach programs and secure transitional housing residences, women and children are provided with a safe environment as they recover and rebuild their lives.

Centro Romero DV Program (Edgewater neighborhood/North Side Chicago) Our Women’s Program has over 22 years of experience providing direct counseling services in trauma-informed for Spanish-speaking survivors of Women’s Program. We offer support counseling sessions that educate, empower and prevent domestic violence.

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Domestic Violence Resource Referral

[Center on Halsted \(formerly Horizons Community Services\)](#) (Chicago, IL – North Side)

Center on Halsted LGBTQ Violence Resource Line was created in response to the growing need for victim assistance for lesbian, gay, bisexual, transgender and HIV-positive (LGBTQH) people. AVP is the only LGBTQ-specific program committed to addressing violence against and within LGBTQ communities in Illinois. It serves LGBTQ victims, witnesses, and friends of those who have experienced bias/discrimination, or domestic, sexual, hate or police violence in the Chicago area. The LGBTQ Violence Resource line is answered during regular business hours, Monday through Friday, and callers can expect a response within one business day. The line can provide callers with safety planning, information and referrals, personal, legal and media advocacy, public outreach and education, and reporting assistance. There are no fees for Violence Resource Line services. If you or someone you know has experienced discrimination, or domestic, sexual, hate or police violence, please contact the LGBTQ Violence Resource Line at 773-871-CARE (2273).

[Center for Advancing Domestic Peace](#) Abuse Intervention Groups for People Who Harm As the only Chicago-area nonprofit solely dedicated to this mission, **we work to stop domestic violence where it starts** by helping those who have harmed take responsibility for their behavior, create healthy relationships, and strengthen their communities. Our partner abuse intervention services - offered in English and Spanish - are available to both men and women regardless of sexual orientation or gender identity.

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Domestic Violence Resource Referral

Connections for Abused Women and their Children/Greenhouse

Shelter (near Southwest Side of Chicago, IL)

Using a self-help, empowerment approach, we provide a shelter for women and children, and counseling, advocacy, and a 24-hour hotline for people affected by domestic violence. We work for social change through education, service collaboration and institutional advocacy. CAWC partners with Haymarket to serve domestic violence survivors struggling with addiction.

Crisis Center for South Suburbia (Tinley Park, IL)

The Crisis Center for South Suburbia is a non-profit community organization that provides emergency shelter and other essential services for individuals and families victimized by domestic violence and addresses the societal issues that contribute to domestic violence

Family Rescue (Chicago, IL – South Side, Downtown/Central)

Family Rescue is dedicated to eliminating domestic violence in the Chicago community by providing comprehensive support services and shelter to victims of domestic violence; particularly to abused women and their children; engaging in advocacy to promote future system change and encouraging prevention through community education.

HANA Center Domestic Violence Services (Albany Park/Irving Park Neighborhoods in Chicago) Domestic Violence advocacy and counseling services, often in Korean and Spanish)

HAS Domestic Violence Program (Humboldt Park/Hermosa/Belmont Cragin) Our **BASTA! (Enough!) Domestic Violence Program** is *free* to all participants and provides a wide range of counseling and supportive services for survivors of domestic violence. Our top priority is to keep survivors and their vulnerable family members safe.

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Domestic Violence Resource Referral

[House of the Good Shepherd \(Chicago, IL\)](#) House of the Good Shepherd offers an intensive residential recovery program for women with children who are struggling to overcome the trauma of domestic violence. Our services include individual, family, and group counseling; classes in domestic violence, substance abuse, wellness, and positive parenting; a Learning Center where women work on education and job readiness; training in budgeting and money management to ensure financial stability; and an Aftercare Program with support groups and services that promote long-term recovery. We welcome abuse survivors regardless of race, ethnic origin, economic status, religious affiliation, marital status, or sexual orientation.

[Howard Are5a Community Center DV Program \(Rogers Park Neighborhood, Chicago\)](#): Counseling, case management, and court advocacy for survivors of domestic violence. The program also serves children of DV survivors in the program. Families participate in education and support groups and receive individualized services according to their needs.

[KAN-WIN \(Chicago and Park Ridge\)](#) KAN-WIN'S MISSION is to eradicate gender-based violence, including domestic violence and sexual assault, especially for women and children across Asian American communities and beyond through culturally competent services, community engagement, and advocacy. Many staff speak Korean and some speak Mongolian and Mandarin (Chinese) and Japanese.

[LifeSpan Center for Legal Services & Advocacy \(Chicago, IL – Downtown/Central & Des Plaines, IL\)](#)

Life Span provides comprehensive services for women and children enabling them to stay together without violence, and/or to help women eliminate the abuse from their lives, build upon their strengths, and become self-sufficient. Life Span is committed to providing victims of abuse a range of non-residential options by defining domestic violence as a crime as well as a social problem. Life Span is also committed to reducing community acceptance and tolerance of abuse and increasing community awareness of domestic violence and sexual violence. Life Span provides community education and technical assistance to ensure responsive and appropriate treatment and delivery of public services to victims of domestic and sexual violence. LifeSpan is a leader in the provision of expert services from counseling and criminal court advocacy to legal representation in all types of family law cases.

10/11/2024

ApnaGhar.org (773) 883-4663 info@apnaghar.org

Domestic Violence Resource Referral

Metropolitan Family Services – Calumet Center (Chicago, IL – South Side)

Called the “Miracle on 103rd Street” by U.S. Rep. Jesse Jackson, Jr., Metropolitan Calumet has been serving families throughout the Greater Roseland community for more than 50 years. Families struggling with poverty and violence turn to Metropolitan

Metropolitan Family Services – Midway Center (Chicago, IL – Southwest Side)

At Metropolitan’s Midway Center, families and parents find strength and caring counsel to overcome incredible challenges. Children thrive and learn in safe environments like our full-day Midway Children’s Center and youth center. Serving families and individuals of all ages since 1988. Programs and services include: Adoption Preservation, Community Schools, Counseling, Elder Abuse Investigation, Family Violence Intervention Program, Healthy Families, Legal Aid, Mentors of Mothers (MOMs), Parents Plus, School-Based Services, Senior Caregivers, The Children’s Center (Midway), and Youth Center.

Mujeres Latinas en Acción (Chicago, IL – Near South Side; North Riverside, IL)

Mujeres Latinas en Acción (Mujeres), a bilingual/bicultural agency, empowers Latinas by providing services which reflect their values and culture and being and advocate on the issues that make a difference in their lives. Founded in 1973, Mujeres is the longest standing incorporated Latina organization in the nation. Over the years Mujeres has developed a comprehensive array of social services and advocacy initiatives that promote non-violence, reproductive health and leadership development. Mujeres offers services that support all programs, which include general intake, volunteer training and childcare.

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Domestic Violence Resource Referral

Pillars (La Grange, Berwyn, Hickory Hills, Summit, Western Springs, and Hodgkins, IL)

Pillars is a not-for-profit social service organization formed through the July 2006 merger of Community Care Options (1928) and Pillars Community Services (1968). Pillars keeps our communities healthy and strong by providing quality, community-based services for over 10,000 individuals and families annually who are facing challenges and crisis. Pillars utilizes a community wraparound approach, offering a wide spectrum of fully-integrated services that collectively offer the strongest possible safety net.

Sarah's Inn (Oak Park, IL)

Sarah's Inn is committed to ensuring a violence-free society with guaranteed rights, protection under the law and equal access to services for all women and their families. We believe in the strength of the women and families we serve. We are dedicated to restoring and preserving the dignity and self-sufficiency of battered women and their families by providing a broad range of comprehensive services in the areas of safety, prevention, intervention, advocacy, education and support.

YWCA Evanston/North Shore (Evanston, IL)

The YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity. At the YWCA Evanston/North Shore, we carry out this mission by providing a wide range of programs and services to meet the needs of the unique and diverse communities we serve, including: domestic violence services; flying fish aquatics; building healthy relationships, violence prevention programming for youth; young women's leadership; economic empowerment; and racial justice initiatives.

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Domestic Violence Resource Referral

**Illinois Domestic Violence Hotline:
Call or Text 1-877-863-6338**



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THANK YOU

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